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Plastic & Reconstructive Surgery

Medications to Avoid Before Surgery, Procedure, and/or Injections

Even one dose can affect the body's ability to clot for 7 days. Also, avoid alcohol for 2-3 days prior to your surgery or procedure since that can impair clotting and may also cause excessive bleeding and/or bruising.

Products containing aspirin should be discontinued 10-14 days prior to surgery. Please refer to the list below for other medications.

Alka-Seltzer®
Aspirin
Bayer®
Bufferin®
Butalbital
Ecotrin®
Excedrin®
Fiorinal®
Midol®
Pepto-Bismol®
Percodan®
St. Joseph Products

Non Steroidal Anti-inflammatory drugs (NSAIDs) have a shorter effect and should be discontinued 24-48 hours prior to procedure.

Ibuprofen (Motrin®, Advil®, Nuprin®, Rufen®)
Diclofenac (Voltaren®, Cataflam®)
Etodolac (Lodine®)
Indomethacin (Indocin®)
Ketorlac (Toradol®)
Lovenox®
Meloxicam (Mobic®)
Midol®
Nabumeton (Relafen®)
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Naproxen (Naprosyn®, Naprelan®, Aleve®)
Nyquil®/Dayquil®
Persantine®
Pletal®
Sulindac (Clinoril®)

Prescription blood thinners - Ask your physician's permission to stop

Coumadin
Heparin
Plavix®

Supplements and Herbals to avoid 10-14 days prior to procedure:

Birch bark
Cayenne
Chinese black tree fungus
Cumin
Danshen
Ephedra/Ephedrine
Evening Primrose Oil
Feverfew
Garlic
Ginger
Ginkgo Biloba
Goldenseal
Grapeseed Extract
Kava
Ma Huang
Milk Thistle
Omega 3 Fatty Acids
Onion Extract
St. John's Wort
Turmeric
Vitamin E (less than 400 IU daily is ok)